



Youth Social Rights Network



Youth - Jeunesse



COUNCIL OF EUROPE  
CONSEIL DE L'EUROPE

## In NEET of a coach! Daily Programme

### Sunday 15 May

Arrival of participants  
18:00 – Reimbursement corner  
19:00 – 20:00 Dinner  
20:30 Welcome! evening

### Monday, 16 May

08:00 – 09:00 Breakfast, registration, filling the reimbursement forms  
09:00 – 11:00 Welcome and opening  
11:00 – 11:30 Coffee break  
11:30 – 13:00 Introduction and background of the study session  
13:00 – 14:00 Lunch  
14:30 – 16:00 Exploring social rights  
16:00 – 16:30 Coffee break  
16:30 – 18:00 Exploring social rights  
19:00 – 20:00 Dinner  
20:30 – 21:30 Organizational bazaar

### Tuesday, 17 May

08:00 – 09:00 Breakfast  
09:00 – 11:00 Meeting the Head of the Council of Europe Youth Department Ms Antje Rothmund, and the Executive Director of the Council of Europe European Youth Centre Strasbourg Ms Tina Mulcahy  
Understanding youth employment situation in Europe  
11:00 – 11:30 Coffee break  
11:30 – 13:00 Meeting the NEETs  
13:00 – 14:00 Lunch  
14:30 – 16:00 Youth work, coaching and autonomy.  
16:00 – 16:30 Coffee break  
16:30 – 18:00 You as a coach  
19:00 – 20:00 Dinner  
20:30 – Intercultural evening

### **Wednesday 18 May**

- 08:00 – 09:00 Breakfast
- 09:00 – 11:00 What is coaching: coaching attitudes, roles, principles and challenges
- 11:00 – 11:30 Coffee break
- 11:30 – 13:00 Linking with NEETs
- 13:00 – 14:00 Lunch
- 14:30 – 16:00 How to identify NEETs needs and competences
- 16:00 – 16:30 Coffee break
- 16:30 – 18:00 Setting goals and motivation
- 19:00 – 20:00 Dinner

### **Thursday 19 May**

- 08:00 – 09:00 Breakfast
- 09:00 – 11:00 Supporting the social and professional development of young people,  
Expert's Input: Ms. Ketevan Zhvania-Tyson, coaching expert
- 11:00 – 11:30 Coffee break
- 11:30 – 13:00 Supporting the social and professional development of young people  
Expert's Input: Mr. Athanasios Krezios, coaching expert
- 13:00 – 14:00 Lunch
- 14:30–16:00 Creating networks and support systems for NEETs
- 16:00 – 16:30 Coffee break
- 16:30—18:00 Online coaching?
- 19:00 – 20:00 Dinner

### **Friday 20 May**

- 08:00 – 09:00 Breakfast
- 09:00 – 11:00 Coaching possibilities, limits and responsibilities
- 11:00 – 11:30 Coffee break
- 11:30 – 13:00 Keeping contact and feedback
- 13:00 – 14:00 Lunch
- FREE AFTERNOON
- 20:00 Dinner in the city

### **Saturday 21 May**

- 08:00 – 09:00 Breakfast
- 09:00 – 11:00 How to make coaching accessible
- 11:00 – 11:30 Coffee break
- 11:30 – 13:00 Becoming the coach I want to be
- 13:00 – 14:00 Lunch
- 14:30 – 16:00 Follow up plans
- 16:00 – 16:30 Coffee break
- 16:30 – 18:00 Evaluation and closure
- 19:00 – 20:00 Dinner

**Sunday 22 May**

Departure

### **Aim and objectives of In NEET of a coach! study session**

In NEET of a coach! is a step forward towards reducing inequalities among young people and ensuring that they make a successful move from education to employment and avoid social and labour market exclusion. It has a networking dimension and is designed to contribute to promotion of young people's access to rights by supporting youth work and facilitating young people's transition to autonomy and social inclusion. In NEET of a coach! provides opportunities for exploring and reflecting on competences that professionals working with young people need to have so as to be able to support those who are most at risk of becoming NEETs in making a successful move from education to employment and preventing social and labour market exclusion.

**The aim** of the study session is to develop youth workers' competences for providing one-on-one coaching to young people who are most at risk of becoming NEETs in order to reduce inequalities among young people and ensure that they make a successful move from education into employment, that way avoiding social and labour market exclusion.

#### **Objectives:**

- To develop participants' competence on how to approach and work with young people at risks of becoming NEET;
- To explore and reflect on coaching competences;
- To create support network for young people at risk of becoming NEET that will work on ensuring that these young people make a successful move from education into employment.